



DistilPure™ MSM - The Natural Solution for Pain

From OCH Distributing (www.mydistilpuremsm.com)

"MSM is often so effective for pain relief that doctors are able to lower the dosage of medication they prescribe for patients. Sometimes they are even able to discontinue the medication. The end result is relief along with fewer or no side effects that are frequently caused by prescriptive pain medications. An exciting and natural option for pain relief has arrived - a nutritional supplement that supplies biologically active sulfur, a sorely-neglected mineral nutrient." ¹
-From *The Miracle of MSM, the Natural Solution for Pain* by Stanley W. Jacob, M.D. et al.

Why DistilPure™?

Rain Nutrience, in Prince Edward Island, Canada, produces superb quality MSM Crystal Flakes by distillation from an organically-produced (grain-based) DMSO. Most MSM sold in the United States is manufactured in China or India from petrochemical sources (i.e. oil) and is sold at deeply discounted prices. DistilPure™ MSM is an extremely pure, excellent quality, natural source product with no fillers or additives. It contains no artificial ingredients, colors, flavors, sugars, sodium salt, gluten, wheat, yeast, corn, soy or dairy products, and is suitable for vegetarians and vegans. It is simply the finest quality, natural-source MSM available.

What is MSM?

MSM is Methyl-Sulfonyl-Methane, a dietary source of supplemental sulfur which, in its purest form, is derived through a process of distillation. Foods containing sulfur include grains, legumes, fresh unprocessed vegetables like garlic, onions, cabbage, broccoli and brussels sprouts. MSM occurs naturally in meats, fish, poultry, eggs and milk, among others. When we take MSM (organic sulfur) we are simply taking a mineral which should form part of our normal daily diet. ²

How do I take MSM?

Most people dissolve MSM crystals in water or juice. The product will dissolve better in warm liquids. Recommended dosage is 1 tsp (2000 mg) per day to start - the dosage can be adjusted according to the benefits received.

What does MSM do for our health? ³

Organic sulfur is a vital ingredient in the formation of keratin, collagen and elastin (disulphide bonds) which give flexibility, tone and strength to muscles, bones, joints, internal membranes, skin, hair and nails. Many people have found MSM to be beneficial in combating the effects of arthritis pain, particularly when taken in conjunction with glucosamine sulfate, another nutritional supplement which supports the formation of cartilage in the joints.

“As a nutritional supplement, MSM is rapidly establishing a reputation as a safe, natural and effective solution for:

- degenerative wear-and-tear arthritis, rheumatoid arthritis
- Rheumatoid arthritis
- Chronic back pain
- Chronic headaches
- Muscle pain
- Fibromyalgia
- Tendinitis and bursitis
- Carpal tunnel syndrome
- TMJ
- Post-traumatic pain and inflammation
- Heartburn” ⁴

(*MSM, The Natural Solution for Pain*, Jacob, Lawrence, et al., Berkley, 1999, New York, p. 3]

“MSM is one-third sulfur, and sulfur has the reputation for being nature's 'beauty mineral', for keeping the hair healthy and the complexion youthful. Skin, hair and fingernails are normally quite high in cysteine, one of the sulfur amino acids that gives keratin...its property of toughness. As physicians who treat patients for pain disorders, we are not experts in the field of cosmetics. But we do receive frequent feedback from our patients about how surprised they are to experience the cosmetic bonuses of MSM: softer skin, harder nails, and thicker hair.” (*MSM, The Natural Solution for Pain*, Jacob, Lawrence, et al., Berkley, 1999, New York, p. 221]

Other noted benefits may include relief from constipation, lessening of scar tissue, and more energy. ⁵

Nutritionists previously thought it was unlikely that we could become deficient in organic sulfur. During the last few decades however, a number of factors have taken their toll:

- Over-farming of land leading to deficiencies in the food chain.
- Long term storage of foods.
- More processed and preserved foods.
- A large increase in the use of fast foods and pre-prepared foods.

Consequently some people are now thought to be deficient.

^{1, 2, 3, 4, 5} *These statements have not been evaluated by the Food and Drug Administration. MSM is not intended to diagnose, treat, cure, or prevent any disease. MSM is a nutritional supplement. As always, consult your medical provider before taking any supplements, particularly if you have a health condition or serious health complaint.*